



#### **EDITORS LETTER**



THANK YOU FOR SUBSCRIBING! Your contribution goes toward the YRQ monthly leadership academy for women and teen girls. This April we will begin collecting donated new or gently used purses and feminine hygiene supplies and beauty products for our "Purse Tales "Purse Drive for Women residing in New Orleans shelters. We need your donations! Thanks to all our sponsors and featured sponsors, this months theme 'Definitions and Defining Moments' is dedicated to all women who continue to thrive. The key is to set your own definition of yourself, look at the moments that were Defining Moments that helped you get to this point on your journey. Most importantly know that God Almighty loves and adores you.

For more info please go to <u>www.queensrising.com</u> LOVE, JONDI FEBRUARY 2019

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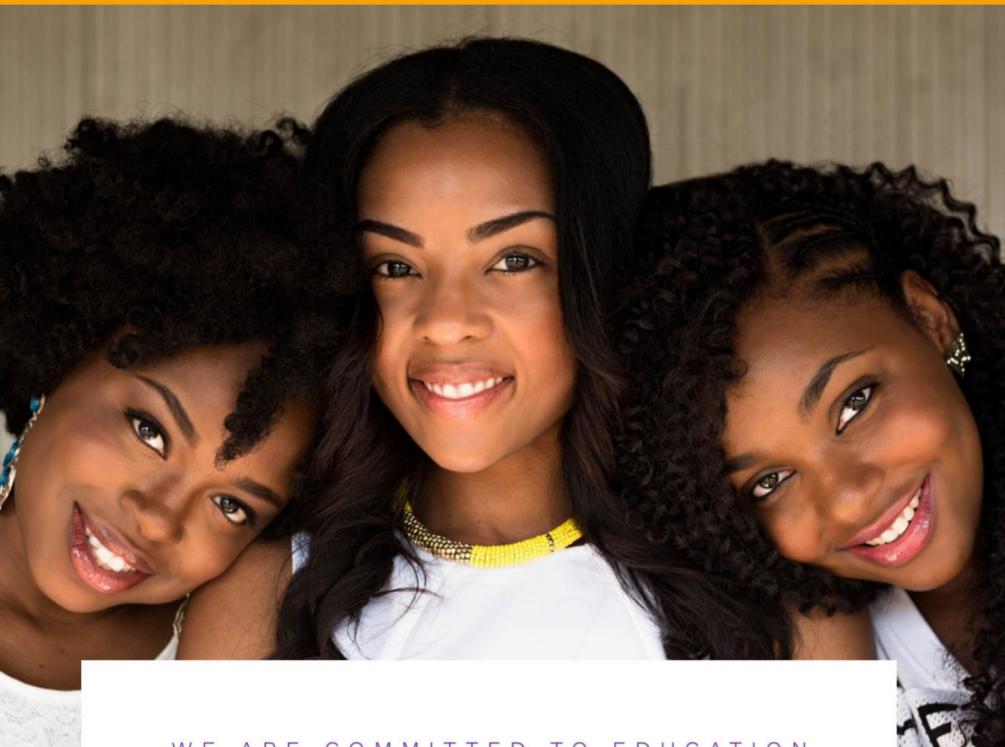
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"Definition of A Queen"



WE ARE COMMITTED TO EDUCATION EMPOWERMENT & LEADERSHIP REMINDING EVERY WOMAN AND YOUNG QUEENS RISING THAT SHE IS ALWAYS A QUEEN.
WHEN CHALLENGES ARISE. SHE SHALL RISE



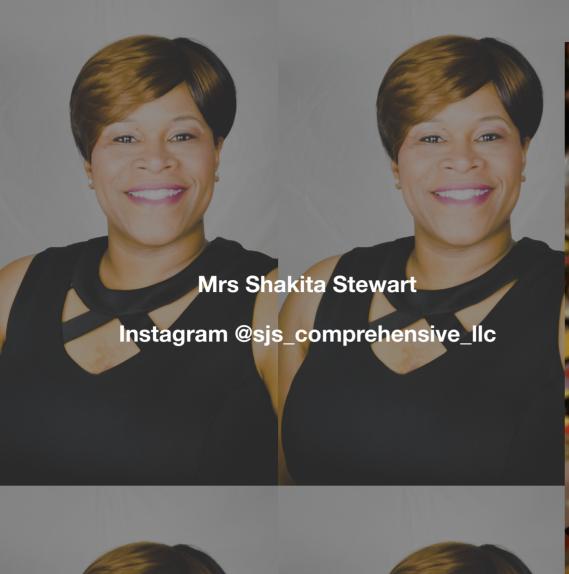


#### CONTRIBUTING WRITERS



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May 28TH 2019 QRTM DIGITAL MAGAZINE'S JUNE 2019 ISSUE 03 WILL BE





Shakita Stewart, MS, RHMCI. I was born and raised in New Orleans, La., however I have lived in Tampa, Florida for the past 15 years. I received a Master's Degree in Human Services, Mental Health Counseling Program in 2007. Since then, I have worked with multiple individuals and families within the tri-county area surrounding Tampa Bay, providing case management and therapy services. I also write comprehensive assessments for children who enter into the foster care system. I have been married for 11 years and I have two fantastic children. I am a firm believer of entrepreneurship, as I have been a contractors with various companies for the past 7 years. I have my own company, SJS Comprehensive Services, LLC and my focus is on building mental and financial health for individuals across the nation.

Over 1 year ago, I decide to join forces with United Credit Education Services, and Financial Education Services to help assist individuals with restoring their credit, protecting themselves and their assets, and creating financial stability.



AWYATT1999@YAHOO.COM INSTAGRAM @MOTHER 2 MOTHER

Ms. Ashonta Wyatt, a New Orleans native, is the daughter of Sandra Ann Wyatt and the proud mother of one amazing son, Cam.

Ms. Wyatt was educated in the New Orleans
Public School System, graduating from Edna Karr
Magnet School in 1999. She received an
undergraduate degree from the University of New
Orleans in 2007 and a Master's degree in
Educational Leadership from Xavier University in
2014. Ms. Wyatt is currently a doctoral student at
Xavier University of Louisiana with an expected
graduation date of May 2019. Ms. Wyatt is the
Founder/Executive Director of the anti-violence
nonprofit organization, Mother2Mother and
currently serves as an adjunct professor in the
Department of Teacher Education at Southern
University at New Orleans.



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Corinne is a former Professional Makeup Artist who also went to school for fashion design and marketing. After being in the beauty industry for more than a decade, she decided to shift her focus to taking care of her family.

Corinne has a passion for uplifting and encouraging women to see the beauty in themselves and finding techniques and products to help them achieve their selfesteem goals. She is the owner and creator of mommyrobot.com, a social media brand that strives to help busy moms live life to the fullest

Tenisha Kinney, also known as "Nisha K. (#IAmNishaK)" is a single mother of three daughters and founder of the LEO Resource Network with a very diverse background in many areas. She was born and raised in the city of New Orleans, LA up until the age of 10. Her mother Wanda Kinney relocated their family to Colorado to provide their family with a better way of life. However, in July of 2015 Tenisha while 6 months pregnant with her third daughter made the drastic decision to relocate back home to Louisiana due to a domestic situation and leave her family, friends, and employer of almost 9 years. Along this new journey to start over, Tenisha was presented with several different challenges, ranging from building relationships, spotty employment, lack of resources, poor credit/ money management, in addition to her oldest daughter being diagnosed with ADHD and ASD along with an unstable living situation that lead to her and her daughters living in a shelter and out of hotels. Tenisha's experiences have forced her to seek out alternative solutions to overcoming these challenges, which resulted in her founding the LEO Resource Network. The LEO Resource Network was created to share helpful information about opportunities and connect individuals with resources throughout the state of Louisiana. To take it a step further Tenisha has developed a new-found passion for financial literacy and uses her social media platform to educate and empower families through discussion around topics such as establishing an emergency fund, debt elimination, credit repair and the benefits of starting a homebased business.

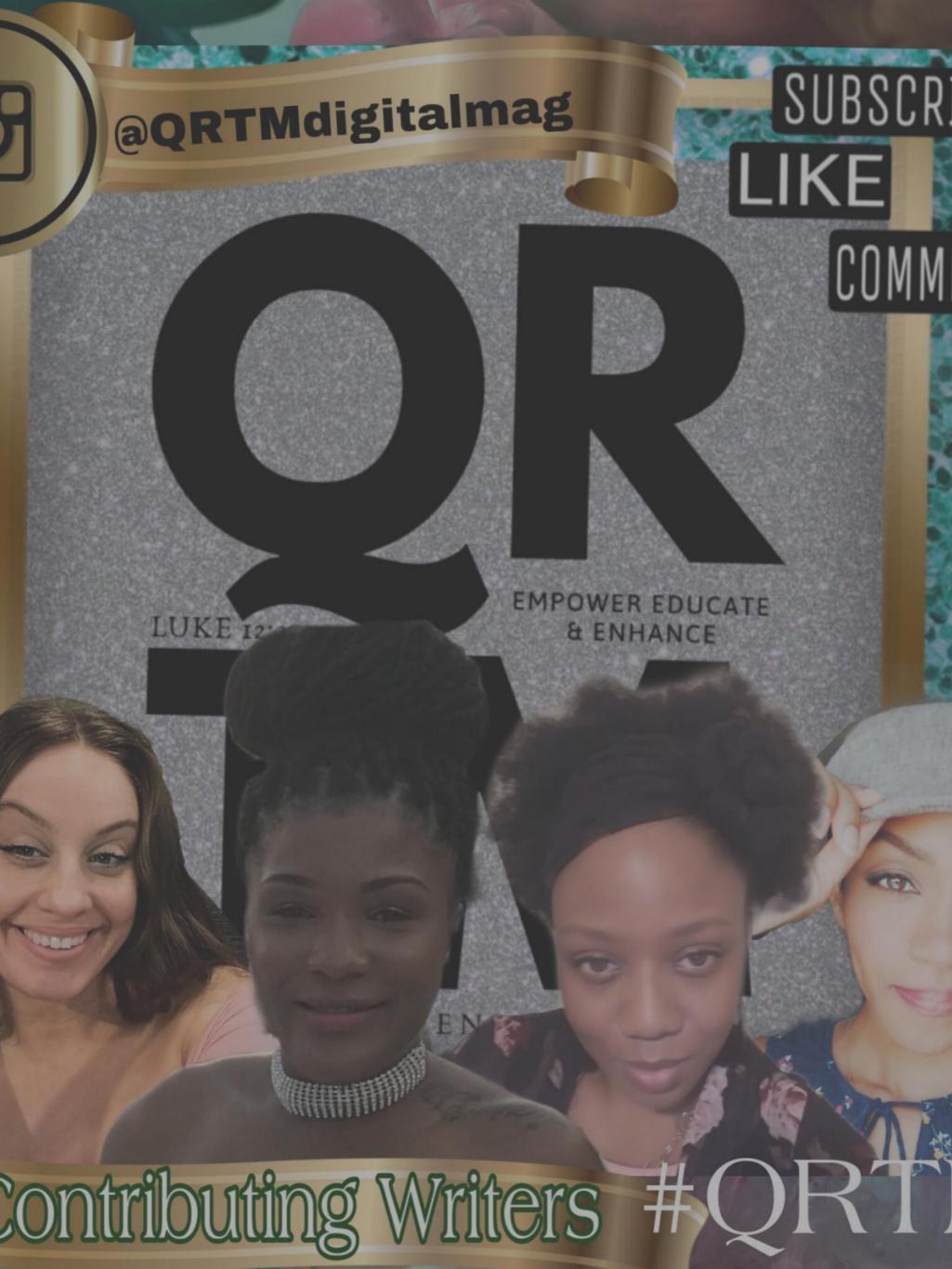


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Elizabeth Durham is a native New Orleanian who has an agnostic approach to religion and spirituality. She will be using that background to contribute to QRTM THE MOVEMENT MAGAZINE in a spiritual column that will explore spirituality and religion from a female standpoint. Elizabeth has done volunteer work for a number of organizations that advocate for the most vulnerable members of our society, including victims of domestic violence, police brutality, and sex workers. She hopes to bring this knowledge of harm prevention and advocacy of human and civil rights into the conversation, as it pertains to spirituality and mental health.







Take care of your skin to show the inner beauty outward.

Start Fresh

A new year and a new season automatically bring about a change. There's something about the calendar restarting at one and the season reseting to bring about a change of scenery. For some, it's a birthday that resets the clock. Whatever the re-start point is, we should always be thankful that it is a chance to start fresh. All the things unaccomplished before that date no longer matter. Now is your chance to be the best version of yourself. So lets start with some basics...

#### Beautiful Inside Out

Beauty starts from within but let's face it, sometimes if you don't feel great inside you can dress up the outside and get an instant confidence boost. As a rising queen, the goal is to get you to radiate the beauty you were created with from the inside out. However, it's okay to work on the outside and the inside at the same time. So

don't forget to read the other fabulous articles in this issue to gain some TLC for your soul.

Because we are going to focus

this (this

Corinne Johnson

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An extra step I like to take is getting a facial by a professional. Just like people brush their teeth everyday but visit the dentist twice a year for a thorough cleaning to get the spots they could not efficiently clean on their own. A facial is similar maintenance. The esthetician can closely examine your skin, give a true assessment of your skin-type, and suggest products to help your skin look its best. Make a commitment to yourself to visit a professional at least once a year. The confidence you will gain from your session will be invaluable.

#### Queen Skincare Gems

The ultimate goal is to radiate the beauty from within. There is no better way to do this then to allow your skin to be the radiant entity it was designed to be. Having a good skincare routine is the first step to a better outside you. People will immediately notice something different and see you differently as a result. As a result, you will also slowly notice an increase in your confidence. Another benefit is that you end up using less makeup. The better your skin the less you have to correct and cover it with makeup. More importantly, the better you look the better you feel. The better you feel the higher you hold can hold your head up to wear the crown and be the Queen you were created to be.

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#### Definition of A Queen

QRTM: How would you define yourself? If we looked you up in the dictionary what would it say?

TERIECE CHERELL: When I first saw this question, I was like Wow, this is a good question. But how would I define myself without seeming like I'm tooting my own horn. Yet as I thought about it, it became clear that I am who I am. So I define myself as a God-fearing, strong, ambitious, confident, free spirited, passionate, humble, loyal, loving, hardworking, talented, generous, inspiring, empowering, motivated woman. I'm just a genuine, sincere, honest person who wants to help others and see them succeed and I try to give my best in all that I do. I want to make some type of difference in the lives of others and know that my efforts to do that meant something to someone. To sum it up in 3 words: Living, Learning, Loving, Embracing Life and all that it has to offer.

I went a step further and asked a few friends, family members, and coworkers to also describe me and this is what the survey said: God-fearing, positive, inspiring, loving, faithful, dedicated, loyal, positive, happy, focused, fearless (bold), compassionate, thoughtful, trustworthy, grounded, helpful, eager, understanding, kind. A few stuck out to me as they were mentioned several times: God-fearing, intelligent, considerate, spiritual, confident, inspiring, trustworthy, loving, kind hearted, and honestly this brought tears to my eyes. If you looked me up in the dictionary, it would say Teriece, A phenomenal Godfearing woman with class, self-aware, sophistication, distinction, lover of people, good hearted, phenomenal, courageous, vibrant, compassionate, caring,

#### QRTM-

What stigmas and pre perceptions have you experienced as a woman.

How have those variables affected you personally and spiritually?

#### **TERIECE CHERELL:**

I cant say that I have experienced any personal stigmas and pre pre perceptions except those that a regular black woman would face. My intelligence, talent, and hard work ethic may have been overlooked as a woman or even as an intelligent educated Black woman. I can recall a time when I was passed up for a promotion and I was definitely more qualified than the young male counterpart who received the promotion. Whether it was because I am a woman or black woman, I cant really say but that did open my eyes to the fact that there is still some sexism, racism, and prejudice in the world no matter how far we may have come.

I know who I am and I know whose I am. My strong faith in God, myself and my abilities to do whatever I put my mind too. Philippians 4:13 states I can do ALL things through Christ who strengthens me. Although I have faults, flaws and failures like other human beings, I know that I am fearfully and wonderfully made in God's image and likeness. I am good enough strong enough, bold enough, talented enough, and beautiful enough and that the world should know it. I do not allow the world to define who and how I should be, I look to God's word, I try to think rationally and I allow Him to be my guide along this journey called life.



Teriece Cherell Reynolds
Author Teriece Cherell
AKA Hollywood

T- enacious

E- nergetic

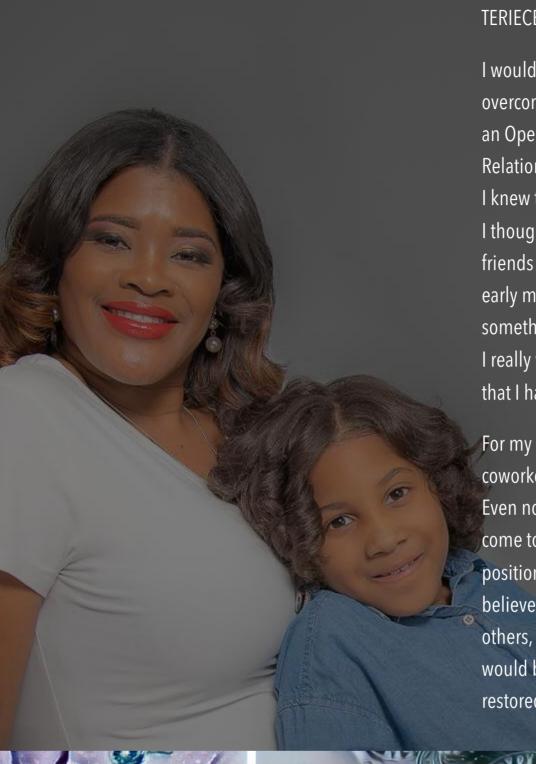
R-esponsible/respectful

I-ntelligent

E-ducated

C-aring/confident/classy

E-nthusiast

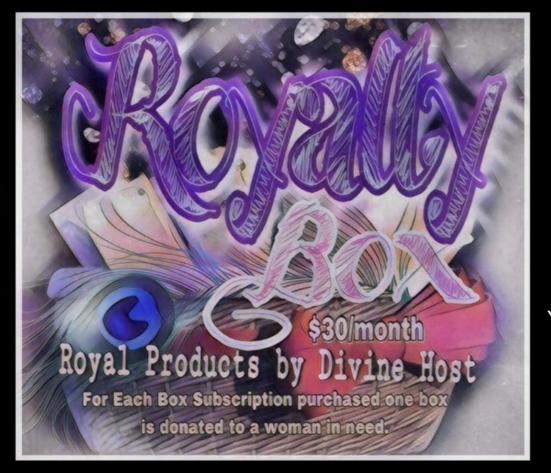


QRTM: What defining moment happened in your life that helped you to overcome those stigmas and pre perceptions.

#### TERIECE CHERELL:

I would have to say that The defining moment that helped to overcome those stigma was when 1st book, Live, Learn, Love: With an Open Heart Life Lessons on Cultivating Healthy and Meaningful Relationships was released on December 16, 2018. At that moment I knew that everything I worked for, thought, dreamed was possible, I thought of all the sacrifices made during that process. Family and friends lost and gained, relationships began and ended, late nights, early mornings, moments when I felt like giving up, doing something else more seemingly attainable, and then I realized who I really was. I had confirmation from several people and then I knew that I had to keep pushing, I wasn't raised that way.

For my 1st book event, the love and support from family, friends, coworkers, associates, church family classmates was overwhelming. Even now when I think back to a few months ago, I get full and tears come to my eyes. That was a true testament of God's presence, position and purpose for my life. Whether it was because they believed in me, what God was doing in my life, how it could affect others, or just came out to see what was going on, I knew that lives would be touched, changed and broken relationships would be restored, and mended.



Royalty Box is a monthly subscription box filled with essential products for women. Via crate joy. The products are provided by women owned businesses.

Our goal is to provide items that builds up self esteem and promotes self love.

Royalty Box is a product of "QRTM" Queen Rising the Movement digital magazine.

QRTM also donates supplies to homeless and domestic violence shelters for women and kids; and provides individual support to underserved women.

15% of Royalty Box proceeds go towards the Young Queen's Rising Leadership Team and 2020 Cotillion.

The Young Rising Queens Cotillion event is the culmination of the 12-month Leadership Team Academy and the dedication of the participant graduates into the Global Business Society.



## 5 Crystals to Break Out When They Got You F\*!@ed Up

Do you know what it feels like for someone to have you f&@ked up? That feeling when a person who doesn't know you or your story, judges you in half a millisecond? We have all been the victims of someone's misconceptions. But sometimes, when this happens on a larger scale within a society, a harmful and discriminatory stigma against a particular group of people may form.

The harmful effects of stigma are well documented. Individuals and groups who are stigmatized by their communities experience discrimination in housing, medical care, education and financial opportunity. This is a real thing with real consequences. It isn't something that can be changed through the power of self-affirmation or positive thinking, but it is possible to protect yourself from the harmful mental effects of being stigmatized with the use of crystals.

When you gaze into a crystal, you are unlocking a field of live energy. Each crystal has its very own special energy force, with powerful properties for healing, protection, cleansing and more. Meditate with these crystals and envision a protective force field of energy around you. Keep them with you throughout your day to keep that energy force field strong.



#### Muscovite

A readily available stone, Muscovite comes in many colors and stimulates the heart chakra. This stone allows one to recognize the flaws in their fellow man while at the same time stimulating love and acceptance for all. It also helps rectify insecurities.



#### Rose Quartz

The stone of infinite peace, break out your rose quartz when all else fails. Curing depression and healing the heart, rose quartz brings deep inner healing and emotional tranquility.



#### Aventurine

Encouraging perseverance, aventurine defuses negative situations, brings forth prosperity and promotes physical well-being.



#### Black Tourmaline

Black tourmaline is a powerful stone, forming a protective shield around the body that can dispel everything from gossip to discrimination. It's a powerful aid for understand oneself and others.



#### Chiastolite

Another powerful protection stone, chiastolite was used in ancient times to ward off ill wishes and curses. It also dispels illusions, helping people to accept reality.





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# The Privatization of Public Education







In the wake of Hurricane Katrina, privatization crept into the city under the guise of "school choice" aimed at resuscitating the infrastructure of public education. According to the National Education Association (NEA), privatization, or "contracting out," is part of a broad campaign that seeks to transfer many parts of community life, including the delivery of education services, into the hands of private, for-profit corporations. In the city of New Orleans, privatization masked as school choice gave birth to the current 100% charter landscape, which ultimately decimated neighborhood schools. Former education secretary Arne Duncan once said that Hurricane Katrina was the "best thing" that ever happened to education in the city of New Orleans. Although he later apologized, I'd like Mr. Duncan to elaborate on what he meant by "best thing" considering many of our children, specifically Black children, are being bussed across the city to failing schools. I'm sure he meant, Hurricane Katrina was the "best thing" that ever happened to "for profit" education.

In the spirit of transparency, charter advocates would argue that the intent behind school choice was good at its inception, however, I'd kindly remind them that the road to hell was paved with the best of intentions. On the surface, school choice offers the impression that parents get to choose the school of their choice. Realistically, parents get to create a list of up to eight (8) schools through a centralized system known as OneApp, with the hope of getting one (1) of their top selections. The only choice parents have in the OneApp process is the listing of the schools. The real choice is left to the algorithm used to place children in the available seats. Thanks to privatization, OneApp and faux school choice, parents are at the mercy of a system that is more about chance and less about choice. Thanks to privatization, many of the city's most vulnerable children are shuffled from one low performing, under-resourced school to another.

Until the system works on behalf of those that need it the most, we must continue to advocate for the "least of us." The failure or success of school choice rests with the most vulnerable demographics. School choice should transcend race, class, and socioeconomic status. Until every school becomes a school of choice, school choice is simply the vehicle for which privatizers will ride into our city to profit on the backs of our children. Whether the argument is for or against privatization in the form of charter schools, we must ask ourselves: WHAT ABOUT THE CHILDREN?



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Open to Women and Young Ladies attending a certification program or accredited college.





Shawny's Healthy Essentials

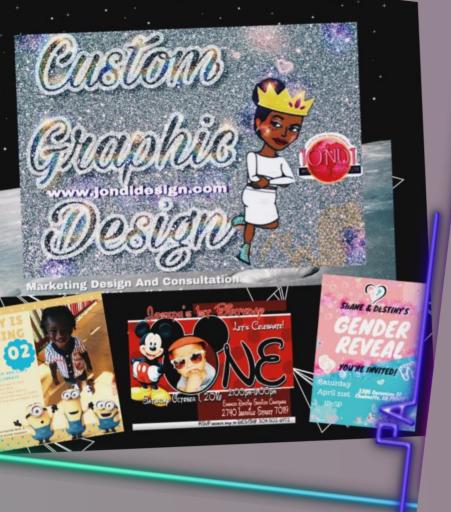
#### \*\*SPECIAL NOTE FOR SENSITIVE SKIN

Instagram
@Shawnyshealthyessential

Managing sensitive skin can be challenging, as it takes considerable time and effort to determine which ingredients cause inflammation and irritation. To make this process easier, introduce only one new formula or product at a time. This rule applies to both skincare and cosmetics. Patch testing a new formula on your inner forearm is an excellent way to minimize potential reactions on the face. If your skin shows no sign of flaring up, apply the formula to the area behind one of your ears before using it on your face. Look for labels that identify formulas as non-irritating and non-sensitizing and free of parabens, synthetic fragrances, mineral oil, sulfate







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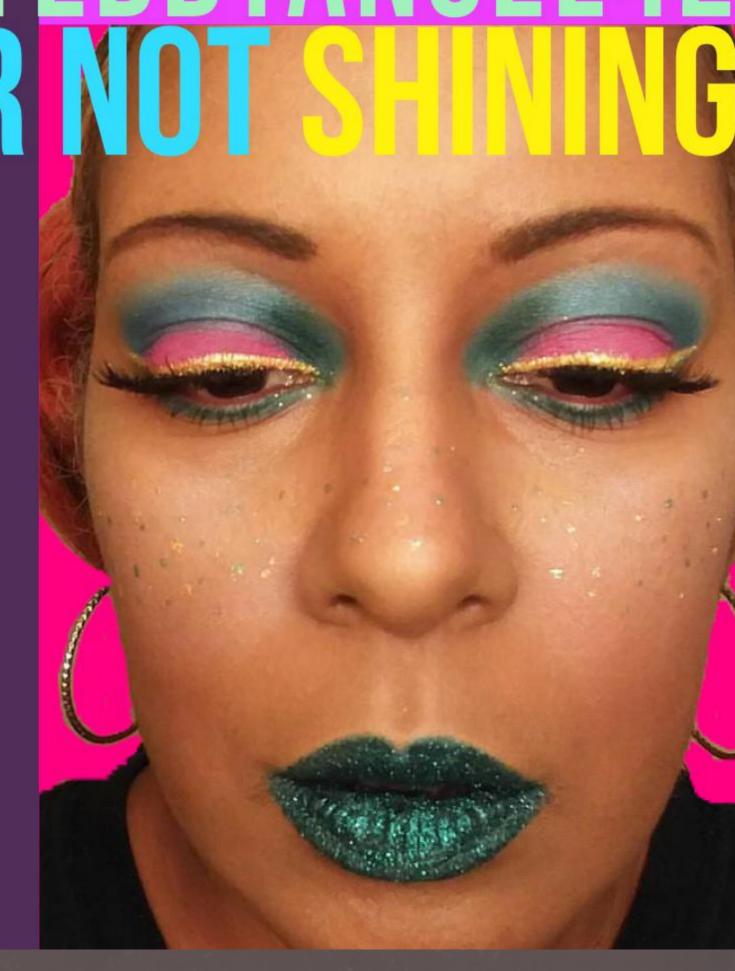
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Even as I please all men in all things, not seeking mine own profit, but the profit of many, that they may be saved.

1 Corinthians 10:33

A A W A R T I S T UP ARTIST OSLAYEDBYANGEL42 NOT S T NOG





#### Walk And Speak With Intention

- A. Queen Rising



Education Must Not Simply Teach Work
It Must Teach Life -W.E.B Dubois





WOMEN AGES 18+
CURRENTLY ENROLLED
AND IN GOOD STANDING AT A
2YR OR 4YR COLLEGE OR
TRADE SCHOOL
CERTIFICATION PROGRAM
YOUNG LADIES
AGES 8-17 YEARS OLD.



If you are an adult woman or teen young lady or know of one who is currently enrolled in college or a certification program; and is in good academic standing that can benefit from a scholarship award, and develop leadership and business skills that will enhance their self worth! Please like our page

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RISING QUEEN







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# ABUNDANCE IS KINGDOM Builders

In this country, over 80% of Americans have a less than 750 credit score. Out of the 80%, 63 million American have less than a 599 credit score. As a country, we have not been set up to understand the meaning of credit and how it can impact your life.

In order to ensure that your understand credit, let's start from the beginning: What is your Credit Score and How Is Your Credit Score Calculated?

A credit score is a number that reflects your risk level, as an individual, to a lender. The higher the number, the lower the risk will be to the lender. As you apply for increased credit or attempt to make a purchase, the lender will check your ability to pay back that loan. The more negative marks you have on your credit report, the less likely you will be granted the loan or purchase you requested.



Mrs Shakita Stewart
Instagram
@sjs\_comprehensive\_llc



## South Character South South Character South So

#### Now let's break down how our credit score is calculated:

The formula used to calculate your credit score includes information based on several factors:

- **35%** on your payment history-This means, you must pay your bill on time. Once you are 31 days late, your credit score will be impacted.
- 30% on the amount you currently owe lenders-This means, if you have a credit card you should only use 30% or less of the credit limit on the credit card. For example, if you have a credit card with a \$300 credit limit, you want to use no more than \$100 on that card. Also, when making your credit card payment, be sure to wait until your bill has been generated. This will show that you used a certain percentage then paid it back as you agreed.
- 15% on the length of your credit history-This means, the longer you have had the account open, the better. Just like a bottle of wine: as the wine ages the taste enhances. You NEVER want to close an old account.
- 10% on the number of new credit accounts you've opened or applied for (fewer is better)-This means DO NOT apply for credit unless you absolutely need it. The more inquires you have on your credit, your credit score is impacted.
- 10% on the mix of credit accounts you have (mortgages, credit cards, installment loans, etc.)-This means your types of credit you have open should vary. It's okay to have a mortgage and credit card open at the same time. It shows the credit bureaus that you are trustworthy with various trade lines of credit.

Mrs Shakita Stewart

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If you have not obtained your FREE credit report for the year, be sure to visit www.freecreditreport.com

But rather seek ye the kingdom of God and all these things shall be added unto you. Luke 12:31



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Oluxe\_orleans





Pyramids of Giza, Great Sphinx, Temples of Karnak and Luxor, Valley of the Kings, Edfu, Aswan, Felucca sailboat ride, Museum of Egyptian Antiquities, Tour pace

On this guided tour, you'll walk for about 2.5 hours daily across uneven terrain, including cobblestone streets and paved roads, with some hills and stairs.

Nile Goddess Cruise

Nile River Cruise, Egypt

This deluxe river cruiseship travels along the Nile. Guests enjoy panoramic windows, Wi-Fi, and a mini bar.



Movenpick Resort Aswan

Aswan, Egypt

This resort-style hotel is located on Elephantine Island in Aswan. Guests enjoy a pool, tennis courts, and laundry services. Nearby, \$100pp you'll find Kitchener's Island, the Tombs of the Nobles, and the Nubian Museum.

Members Fee & Deposit Required

February 20th March 3rd 2020
6 nights in handpicked hotels
4 nights aboard the Nile River cruise ship

10 breakfasts

6 lunches 8 dinners with beer or wine

8 guided sightseeing tours An expert Tour Director & local guides

Egyptologist
Private deluxe motor coach
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